



PART OF THE

EU MISSIONS

RESTORE OUR OCEAN & WATERS

Learning Scenario



Learning Scenario 5 - 6



Mr. Goodfish is hungry!

This scenario is a suggestion to initiate an understanding of responsible seafood consumption in children aged 5 to 6.

Objectives:

- Learners discover the basics of the seafood system.
- Learners understand some elements of responsible seafood consumption
- Learners prepare and eat seafood under the supervision of an adult.

General Information

Age: 5 to 6 year old

Subjects: natural science, nutrition, art

Keywords: seafood, fish, food, ocean, cooking, fishing

Who is this for? Teachers, science museum/center explainers, librarians & storytellers

Other societal actors you can involve: chefs, fishers, fishmongers, fish or seafood farmers

Sustainability competences¹:

Embodying sustainability values	Embracing complexity in sustainability	Envisioning sustainable futures	Acting for sustainability
<ul style="list-style-type: none"> • Valuing sustainability • Supporting fairness • Promoting nature 	<ul style="list-style-type: none"> • Systems thinking • Problem framing 	<ul style="list-style-type: none"> • Futures literacy 	<ul style="list-style-type: none"> • Individual initiatives

¹ Bianchi, G., Pisiotis, U., Cabrera Giraldez, M. GreenComp – The European sustainability competence framework. Bacigalupo, M., Punie, Y. (editors), EUR 30955 EN, Publications Office of the European Union, Luxembourg, 2022; ISBN 978-92-76-46485-3, doi:10.2760/13286, JRC128040

Activity 1 – Story time

Duration: 15–20min story time, followed by 20–30min activity

Material:

- Story script
- Projector
- Slides illustrating the story

Set up:

- Prepare a comfortable space for children to sit for story time.
- Prepare a projector to show images.

Story:

- Mr. Goodfish is very hungry today. He opens his fridge... oh no! It's empty!
- Mr. Goodfish loves fish and seafood. "I'll go to the sea and catch something to eat," he says. He puts on his yellow raincoat, his boots, and off he goes.
- On the beach, he spots a mussel on a rock. "I love mussels", he says, "but there is only one. If I eat it, there will be none left to grow."
 - *Pause and ask the children: "What do you think? Should Mr. Goodfish eat the mussel or leave it on the rock?"*
- He leaves the mussel on its rock and walks on.
- At the harbour, he climbs into his boat and sails out to sea. He casts his fishing line into the water. Suddenly—tug, tug! He reels it in carefully. It's a little fish.
- "This fish is too small," says Mr. Goodfish. "It still needs time to grow."
 - *Pause and ask the children: "What should he do with the little fish? Keep it or put it back in the water?"*
- Plop! Back into the sea it goes.
- He casts his line again. This time—whoosh! The line pulls hard. "Oh my, it's heavy!" At last, he pulls up a big, shiny fish.
- "What a fine catch!" says Mr. Goodfish. "This one is just right. I will bring it home."
 - *Pause and ask the children: "And now? Do you think he should keep the fish? Why?"*
- Back in his kitchen, Mr. Goodfish cooks the fish. "Mmm, it smells delicious," he says. He sets the plate on the table and smiles. Bon appétit, Mr. Goodfish!

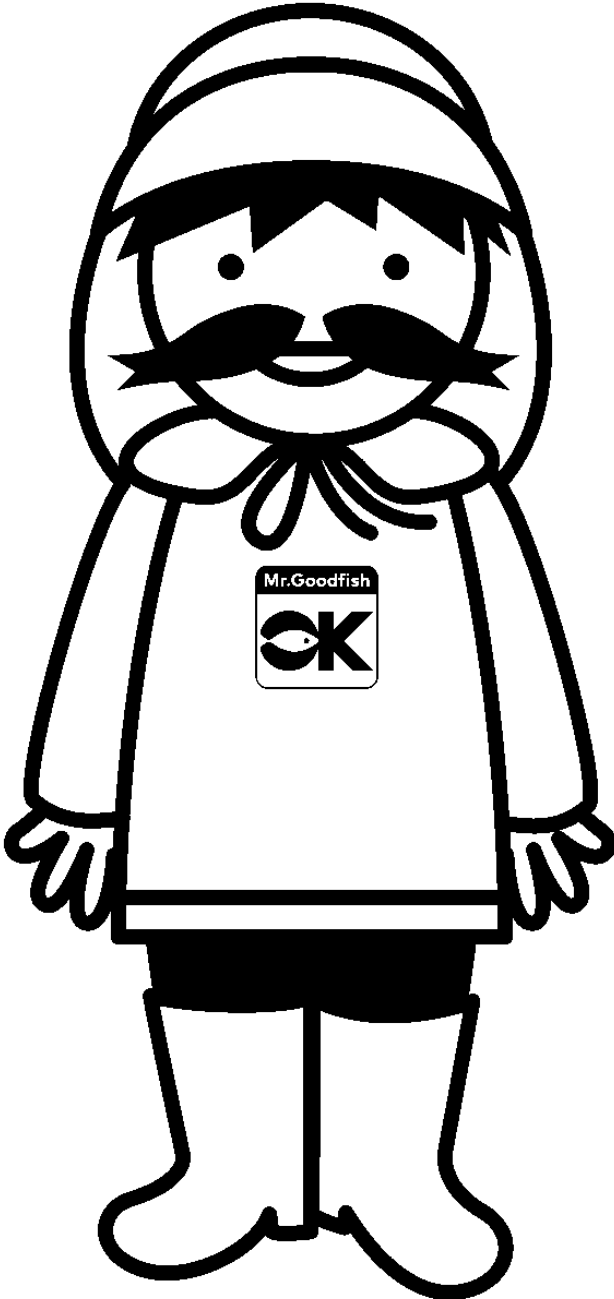
To go further: invite a fisher, fishmonger or fish farmer to the class to tell the story.

After story time:

Here are some activities you can let children do freely. You can select them depending on the material available at your facilities.

- Colouring Mr.Goodfish in his yellow raincoat and boots (see template below)
- Kitchen play with toy food, including some seafood toys
- Fishing play with toy fishing rods

Cooking time: Cooking and tasting seafood together is a great way to introduce a sensory activity. If feasible, you can organise a cooking session in your school, science centre or museum. Pick an easy seafood or fish recipe to prepare with the children (e.g. sardine or maquereel spread, fish cake, fish pie, fish tacos/wrap/sandwich...). You can invite a chef or fishmonger to do this with you, and propose that the families participate too. If you wish to use this alternative, please start by verifying local health & food safety rules related to cooking with children. To find a chef or fishmonger, you can consult Mr.Goodfish members in your country on the website or app.



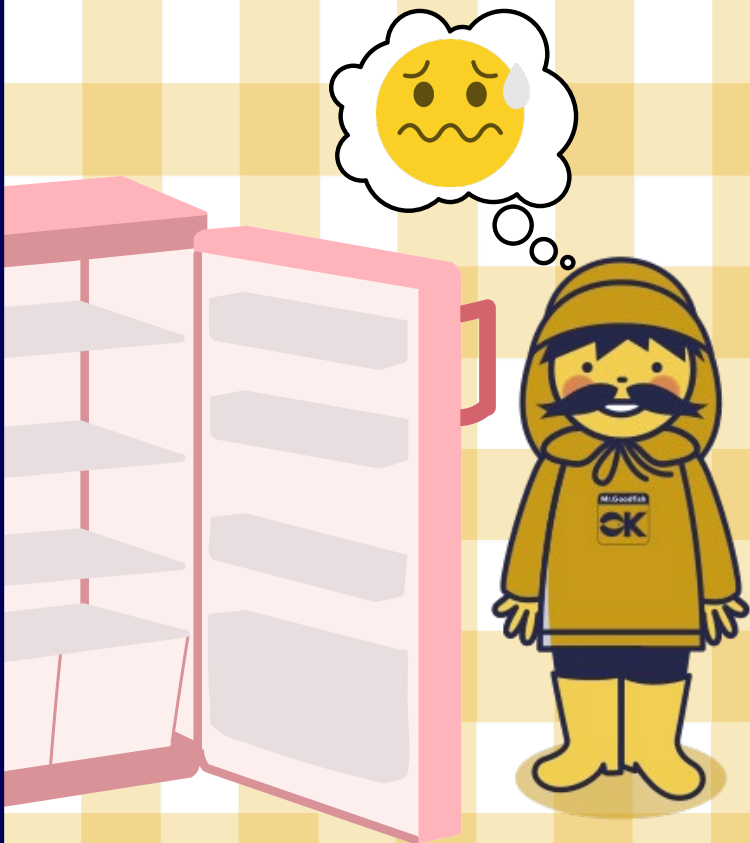


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MR. GOODFISH IS HUNGRY!



Oh no, the fridge is empty. I'm hungry!



**I'll go to the sea and
catch something to eat!**



I love mussels! But there is only one. If I eat it, there will be none left to grow.



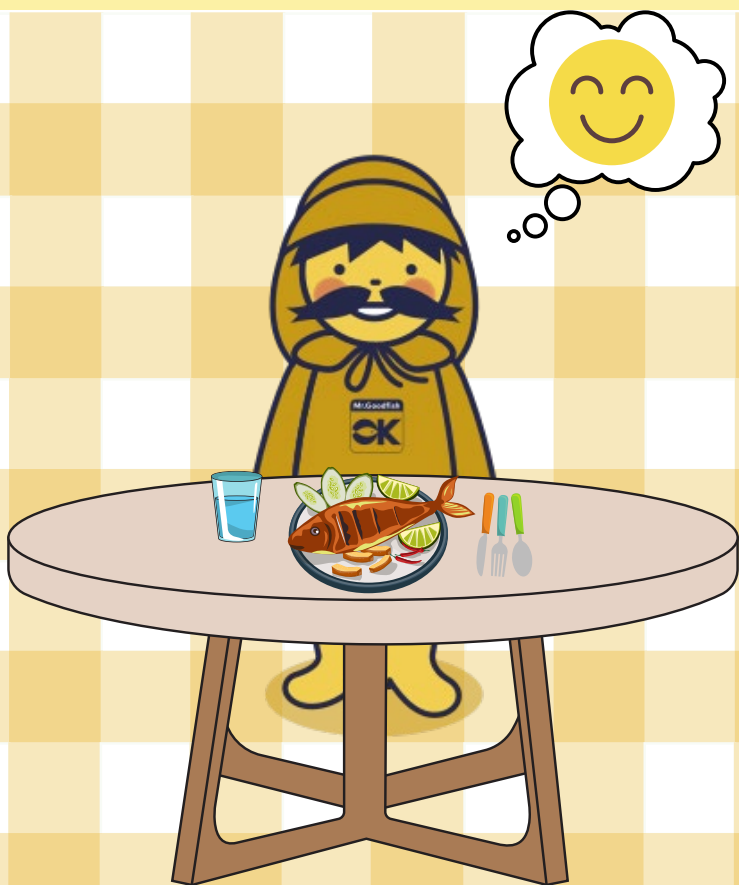
**This fish is too small. It
still needs time to grow.**



What a fine catch! This one is just right. I will bring it home!



**Mmm, it smells
delicious!**





"Choose the right fish at the right season!"

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